

# Trouble focusing?

*Our Attention Boosting Program can help.*



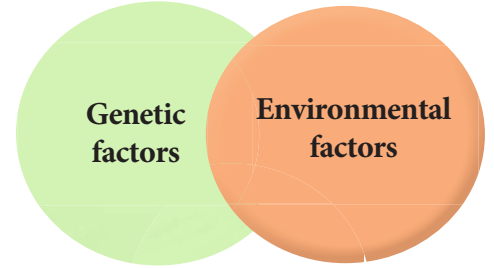
Work with a nationally-recognized neurologist, Dr. Majid Fotuhi, to boost your memory, focus, and peak brain performance.

[NeuroGrow.com](http://NeuroGrow.com)

# Attention Boosting Program

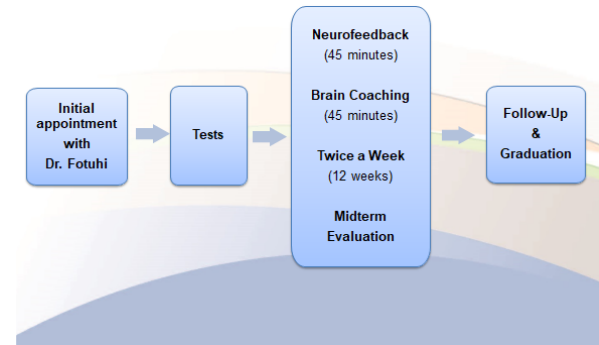
Attention Deficit Disorder, with or without Hyperactivity, is often due to a combination of genetic and environmental factors. In many cases, a stressful environment, low levels of vitamins D or B, anemia, sleep issues, and poor diet can worsen ADHD symptoms. At our brain center, we first evaluate all potential causes of your attention issues and then provide you with a comprehensive treatment program that features cutting-edge neurofeedback therapy and individualized brain coaching.

## ADHD

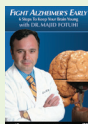
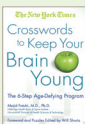
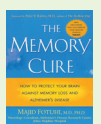


COMPREHENSIVE ASSESSMENT	
<input checked="" type="checkbox"/>	<b>Neurological Evaluation:</b> Dr. Fotuhi will review your medical records, perform a neurological assessment, order tests, and specify your treatment protocol.
<input checked="" type="checkbox"/>	<b>Neuro-cognitive Testing:</b> Results from a battery of tests will help to establish your strengths and weaknesses with regards to attention, processing speed, and other cognitive functions.
<input checked="" type="checkbox"/>	<b>Brain Mapping (Q-EEG):</b> We use state-of-the-art EEG technology to map your brain waves and then determine areas that can be improved with neurofeedback therapy.
INTEGRATED TREATMENT	
<input checked="" type="checkbox"/>	<b>Brain Coaching:</b> Our enthusiastic brain coaches will train your attention, memory, and organizational skills with the help of brain games that Dr. Fotuhi will recommend specifically for you - based on the results of your cognitive evaluation and your specific needs and concerns.
<input checked="" type="checkbox"/>	<b>Neurofeedback:</b> We use cutting-edge EEG-based biofeedback protocols to help you optimize your brain wave activity. Neurofeedback is a science-based and drug-free intervention that can help you become calm and focused.

### Attention Boosting Program: Twice Weekly Treatments, 12 Weeks



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**NeuroGrow**  
BRAIN FITNESS CENTER

BOOST YOUR BRAIN